PROGRAMME

Pain

Monday, March 04, 2024

Session Date/Time: Monday, March 4, 2024  -  08:00 - 09:00
405B (Level 4)

Pain: Updates of Neuropathic Pain

08:00  Chair: Session Introduction
Pauline Du Plessis, South Africa

08:02  Neuropathic Pain: Causes, Mechanism and Diagnosis
Ana Schwartzmann, Uruguay

08:17  Pharmacologic Guideline of Neuropathic Pain
Adeline Leong, Singapore

08:32  Useful Interventions for Neuropathic Pain
Jee Youn Moon, Republic of Korea

08:47  Questions and Answers

Session Date/Time: Monday, March 4, 2024  -  09:00 - 10:00
405B (Level 4)

Pain: Acute Pain Services

09:00  Chair: Session Introduction
Sean Chetty, South Africa

09:02  APS Organisational Structures
Gaston Nyirigira, Rwanda

09:17  Incorporating the Bio-Psycho-Social Model into APS
Clare Roques, United Kingdom

09:32  Health Care Worker Education Strategies
Charles Roger Goucke, Australia

09:47  Questions and Answers

Session Date/Time: Monday, March 4, 2024  -  11:40 - 12:40
405B (Level 4)

Pain: Neuromodulation in Pain Medicine
### Programme

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<tr>
<td>11:40</td>
<td>Chair: Session Introduction</td>
<td>Adeline Leong, Singapore</td>
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<tr>
<td>11:42</td>
<td>Neuromodulation: The Timing and Best Indication</td>
<td>Pauline Du Plessis, South Africa</td>
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<td>11:57</td>
<td>Emerging Techniques in Central and Peripheral Neuromodulation</td>
<td>Chih-Peng Lin, Chinese Taipei</td>
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<td>12:12</td>
<td>Digital Twin - Neuromodulation Simulation</td>
<td>Jae Chul Koh, Republic of Korea</td>
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<td>12:27</td>
<td>Questions and Answers</td>
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**Session Date/Time:** Monday, March 4, 2024 - 14:00 - 15:00  
Nicoll 2 (Level 3)

**Pain: Pain Innovations Reliving the Global Burden**

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<tr>
<td>14:00</td>
<td>Chair: Session Introduction</td>
<td>Jinwoo Shin, Republic of Korea</td>
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<tr>
<td>14:02</td>
<td>Percutaneous Epidural Balloon Decompression and Adhesiolysis</td>
<td>Jinwoo Shin, Republic of Korea</td>
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<td>14:17</td>
<td>Regenerative Therapy (Including Stem Cells) In Pain Medicine</td>
<td>Daniel Chiung Jui Su, Taiwan</td>
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<td>14:32</td>
<td>Fluoroscopy vs. Ultrasound: Pros and Cons in Pain Intervention</td>
<td>Kamini Singh, South Africa</td>
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<td>14:47</td>
<td>Questions and Answers</td>
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**Session Date/Time:** Monday, March 4, 2024 - 15:00 - 16:00  
Nicoll 2 (Level 3)

**Pain: Pre-operative Pain Strategies**

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<td>15:00</td>
<td>Chair: Session Introduction</td>
<td>Clare Roques, United Kingdom</td>
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<tr>
<td>15:02</td>
<td>Pain Prehabilitation Strategies</td>
<td>Srinivas Pyati, United States</td>
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<tr>
<td>15:17</td>
<td>Targeting Caregiver Anxiety to Improve Post-operative Pain</td>
<td>Sean Chetty, South Africa</td>
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Using Pre-operative Assessment of Patient Biopsychosocial Phenotype to Predict Risk of Acute and Persistent Pain and Opioid Use
Kristin Schreiber, United States

Questions and Answers

Session Date/Time: Monday, March 4, 2024 - 16:30 - 17:30
Nicoll 2 (Level 3)

Pain: Non-conventional Acute Pain Therapies

Chair: Session Introduction
Gaston Nyirigira, Rwanda

Cannabinoids for Acute Pain
Nanthasorn Zinboonyahgoon, Thailand

Meditation
Joao Batista Santos Garcia, Brazil

Virtual Reality
Alwin Chuan, Australia

Questions and Answers
Session Date/Time: Tuesday, March 5, 2024  -  08:30 - 09:30
406 (Level 4)

Pain: Pain Management in Special Environments

08:30  Chair: Session Introduction
Nantthasorn Zinboonyahgoon, Thailand

08:32  Analgesia on the Battle Field
Harold Gelfand, United States

08:47  Pain Management in the ICU
Gouhar Afshan, Pakistan

09:02  Analgesia in the Burns Unit
Benjamin Deniau, France

09:17  Questions and Answers

Session Date/Time: Tuesday, March 5, 2024  -  14:15 - 15:15
MR 336 (Level 3)

Pain PBLD: Acute Pain
PBLD Fee: 20 USD

A 29-year-old male patient is presenting for semi-elective low back surgery. He is a recovering substance addict (including opioids) and is very worried about "getting hooked" again if he is given narcotics. The delegates in this session will discuss the different interventions that are possible to address pain management in the patient who is a recovering addict.

1. Educational interventions.
2. Psychological interventions.
3. Medical interventions.

Acute Pain
Gouhar Afshan, Pakistan

Session Date/Time: Tuesday, March 5, 2024  -  14:15 - 15:15
MR 336 (Level 3)

Pain PBLD: Cancer Pain
PBLD Fee: 20 USD

Cancer Pain: The Full Spectrum of Care. Delegates in this session will discuss cancer pain from the initial phase to its palliative care.

1. Emerging Treatment for Managing Diverse Cancer Pain.
2. Intrathecal Drug Delivery: The Best Timing and Indication in Cancer.

Cancer Pain
Jae Chul Koh, Republic of Korea

Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15
MR 335 (Level 3)

Pain PBLD: Intractable Pain CRPS

PBLD Fee: 20 USD

Intractable Pain: What is challenging for pain physicians. Delegates in this session will discuss pain chronification and how to manage chronic primary pain or nociceptive pain, including complex regional pain syndrome.

1. Transition from Acute to Chronic Pain.

Intractable Pain CRPS
Ana Schwartzmann, Uruguay
Pain Workshop: Interventional Procedures for Chronic Pain using Ultrasound

Workshop Fee: 200 USD

This would be a hands on skills training workshop for physician anaesthesiologists working in the field of chronic pain.

1. Learn Ultrasound-guided evaluation of Shoulder Joint (Glenohumeral joint, ACJ, SASD bursa, suprascapular and axillary nerves).
2. Learn Ultrasound-guided evaluation of Knee Joint (Meniscus, pes anserine bursa, patellar and periarticular tendons, genicular nerves, Baker cyst).

Interventional Procedures for Chronic Pain Using Ultrasound
Pauline Du Plessis, South Africa

Interventional Procedures for Chronic Pain Using Ultrasound
Kamini Singh, South Africa

Interventional Procedures for Chronic Pain Using Ultrasound
Daniel Chiung Jui Su, Taiwan
Pain Workshop: Essential Pain Management Summit

Essential Pain Management was launched in Papua New Guinea in 2010 as an 8-hour face to face program. Since then, it has been delivered in >70 countries across the globe.

At the virtual Prague WCA meeting in September 2021 an online version of EPM was launched and has had > 26,000 site visits. In September 2023 we launched an online Version of EPM in Spanish. This summit will be of interest to current and potential EPM Instructors.

We will provide updates on how best to maximise the learning opportunities of both EPM online and the face-to-face versions. We will start some discussion on how best to measure outcomes from this type of pain education using patient reported outcome measures (PROMS). There will be short presentations from several different regions and interactive discussion will be encouraged.

Essential Pain Management Summit
Charles Roger Goucke, Australia

Essential Pain Management Summit
Carolina Haylock-Loor, Honduras