

## PROGRAMME

### Pain

#### Monday, March 04, 2024

**Session Date/Time: Monday, March 4, 2024 - 08:00 - 09:00**

Nicoll 2 (Level 3)

#### **Pain: Updates of Neuropathic Pain**

- 08:00      **Chair: Session Introduction**  
*Pauline Du Plessis, South Africa*
- 08:02      **Neuropathic Pain: Causes, Mechanism and Diagnosis**  
*Ana Schwartzmann, Uruguay*
- 08:17      **Pharmacologic Guideline of Neuropathic Pain**  
*Adeline Leong, Singapore*
- 08:32      **Useful Interventions for Neuropathic Pain**  
*Jee Youn Moon, Republic of Korea*
- 08:47      **Questions and Answers**

**Session Date/Time: Monday, March 4, 2024 - 09:00 - 10:00**

Nicoll 2 (Level 3)

#### **Pain: Acute Pain Services**

- 09:00      **Chair: Session Introduction**  
*Sean Chetty, South Africa*
- 09:02      **APS Organisational Structures**  
*Gaston Nyirigira, Rwanda*
- 09:17      **Incorporating the Bio-Psycho-Social Model into APS**  
*Clare Roques, United Kingdom*
- 09:32      **Health Care Worker Education Strategies**  
*Charles Roger Goucke, Australia*
- 09:47      **Questions and Answers**

**Session Date/Time: Monday, March 4, 2024 - 11:40 - 12:40**

Nicoll 2 (Level 3)

#### **Pain: Neuromodulation in Pain Medicine**

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- 11:40 **Chair: Session Introduction**  
*Adeline Leong, Singapore*
- 11:42 **Digital Twin - Neuromodulation Simulation**  
*Jae Chul Koh, Republic of Korea*
- 12:02 **Neuromodulation: The Timing and Best Indication**  
*Pauline Du Plessis, South Africa*
- 12:17 **Emerging Techniques in Central and Peripheral Neuromodulation**  
*Chih-Peng Lin, Taiwan, China*
- 12:32 **Questions and Answers**

**Session Date/Time: Monday, March 4, 2024 - 14:00 - 15:00**

Nicoll 2 (Level 3)

**Pain: Pain Innovations Reliving the Global Burden**

- 14:00 **Chair: Session Introduction**  
*Jinwoo Shin, Republic of Korea*
- 14:02 **Percutaneous Epidural Balloon Decompression and Adhesiolysis**  
*Jinwoo Shin, Republic of Korea*
- 14:22 **Regenerative Therapy (Including Stem Cells) In Pain Medicine**  
*Daniel Chiung Jui Su, Taiwan, China*
- 14:37 **Fluoroscopy vs. Ultrasound: Pros and Cons in Pain Intervention**  
*Kamini Singh, South Africa*
- 14:52 **Questions and Answers**

**Session Date/Time: Monday, March 4, 2024 - 15:00 - 16:00**

Nicoll 2 (Level 3)

**Pain: Pre-operative Pain Strategies**

- 15:00 **Chair: Session Introduction**  
*Clare Roques, United Kingdom*
- 15:02 **Pain Prehabilitation Strategies**  
*Srinivas Pyati, United States*
- 15:17 **Targeting Caregiver Anxiety to Improve Post-operative Pain**  
*Sean Chetty, South Africa*

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15:32 **Using Pre-operative Assessment of Patient Biopsychosocial Phenotype to Predict Risk of Acute and Persistent Pain and Opioid Use**  
*Kristin Schreiber, United States*

15:47 **Questions and Answers**

**Session Date/Time: Monday, March 4, 2024 - 16:30 - 17:30**

Nicoll 2 (Level 3)

**Pain: Non-conventional Acute Pain Therapies**

16:30 **Chair: Session Introduction**  
*Gaston Nyirigira, Rwanda*

16:32 **Cannabinoids for Acute Pain**  
*Nantthasorn Zinboonyahgoon, Thailand*

16:47 **Meditation**  
*Joao Batista Santos Garcia, Brazil*

17:02 **Virtual Reality**  
*Alwin Chuan, Australia*

17:17 **Questions and Answers**

## PROGRAMME

### Tuesday, March 05, 2024

**Session Date/Time: Tuesday, March 5, 2024 - 08:30 - 09:30**

406 (Level 4)

#### **Pain: Pain Management in Special Environments**

- 08:30      **Chair: Session Introduction**  
*Nantthasorn Zinboonyahgoon, Thailand*
- 08:32      **Analgesia on the Battle Field**  
*Harold Gelfand, United States*
- 08:47      **Pain Management in the ICU**  
*Gouhar Afshan, Pakistan*
- 09:02      **Analgesia in the Burns Unit**  
*Abhijit Sukumaran Nair, Oman*
- 09:17      **Questions and Answers**

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

#### **Pain E-Poster Presentations: Basic Science**

All E-Posters will be showcased through a live 6-minute in-person presentation.

##### **Poster Moderator**

*Nantthasorn Zinboonyahgoon, Thailand*

##### **Poster Moderator**

*Gaston Nyirigira, Rwanda*

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

#### **Pain E-Poster Presentations: Chronic Pain I**

All E-Posters will be showcased through a live 6-minute in-person presentation.

##### **Poster Moderator**

*Jee Youn Moon, Republic of Korea*

##### **Poster Moderator**

*Ana Schwartzmann, Uruguay*

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**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

### **Pain E-Poster Presentations: Chronic Pain II**

All E-Posters will be showcased through a live 6-minute in-person presentation.

**Poster Moderator**

*Jinwoo Shin, Republic of Korea*

**Poster Moderator**

*Pauline Du Plessis, South Africa*

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

### **Pain E-Poster Presentations: General Anaesthesia, Opioids and Others**

All E-Posters will be showcased through a live 6-minute in-person presentation.

**Poster Moderator**

*Harold Gelfand, United States*

**Poster Moderator**

*Charles Roger Goucke, Australia*

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

### **Pain E-Poster Presentations: Other Anaesthesiology and Pain Medicine**

All E-Posters will be showcased through a live 6-minute in-person presentation.

**Poster Moderator**

*Jae Chul Koh, Republic of Korea*

**Poster Moderator**

*Chih-Peng Lin, Taiwan, China*

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

### **Pain E-Poster Presentations: Postoperative Care I**

All E-Posters will be showcased through a live 6-minute in-person presentation.

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### Poster Moderator

*Wayne Morriss, New Zealand*

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

### Pain E-Poster Presentations: Postoperative Care II

All E-Posters will be showcased through a live 6-minute in-person presentation.

### Poster Moderator

*Abhijit Sukumaran Nair, Oman*

### Poster Moderator

*Gouhar Afshan, Pakistan*

**Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45**

Exhibition Hall

### Pain E-Poster Presentations: Regional Anaesthesia

All E-Posters will be showcased through a live 6-minute in-person presentation.

### Poster Moderator

*Srinivas Pyati, United States*

**Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15**

MR 336 (Level 3)

### Pain PBLD: Acute Pain

PBLD Fee: 20 USD

A 29-year-old male patient is presenting for semi-elective low back surgery. He is a recovering substance addict (including opioids) and is very worried about "getting hooked" again if he is given narcotics. The delegates in this session will discuss the different interventions that are possible to address pain management in the patient who is a recovering addict.

1. Educational interventions.
2. Psychological interventions.
3. Medical interventions.

### Acute Pain

*Gouhar Afshan, Pakistan*

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**Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15**

MR 336 (Level 3)

### **Pain PBLD: Cancer Pain**

PBLD Fee: 20 USD

Cancer Pain: The Full Spectrum of Care. Delegates in this session will discuss cancer pain from the initial phase to its palliative care.

1. Emerging Treatment for Managing Diverse Cancer Pain.
2. Intrathecal Drug Delivery: The Best Timing and Indication in Cancer.

#### **Cancer Pain**

*Jae Chul Koh, Republic of Korea*

**Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15**

MR 335 (Level 3)

### **Pain PBLD: Intractable Pain CRPS**

PBLD Fee: 20 USD

Intractable Pain: What is challenging for pain physicians. Delegates in this session will discuss pain chronification and how to manage chronic primary pain or nociplastic pain, including complex regional pain syndrome.

1. Transition from Acute to Chronic Pain.
2. Nociplastic Pain: The New IASP Pain Definition.
3. Complex Regional Pain Syndrome: Challenging Pain Condition.

#### **Intractable Pain CRPS**

*Ana Schwartzmann, Uruguay*

## PROGRAMME

### Wednesday, March 06, 2024

**Session Date/Time: Wednesday, March 6, 2024 - 14:15 - 17:15**

MR 325 (Level 3)

#### **Pain Workshop: Interventional Procedures for Chronic Pain using Ultrasound**

Workshop Fee: 200 USD

This would be a hands on skills training workshop for physician anaesthesiologists working in the field of chronic pain.

1. Learn Ultrasound-guided evaluation of Shoulder Joint (Glenohumeral joint, ACJ, SASD bursa, suprascapular and axillary nerves).
2. Learn Ultrasound-guided evaluation of Knee Joint (Meniscus, pes anserine bursa, patellar and periarticular tendons, genicular nerves, Baker cyst).
3. Learn Ultrasound-guided evaluation of Cervical Spine (Stellate ganglion, cervical nerve roots, cervical facet joints).

#### **Interventional Procedures for Chronic Pain Using Ultrasound**

*Pauline Du Plessis, South Africa*

#### **Interventional Procedures for Chronic Pain Using Ultrasound**

*Kamini Singh, South Africa*

#### **Interventional Procedures for Chronic Pain Using Ultrasound**

*Daniel Chiung Jui Su, Taiwan, China*



**PROGRAMME****Thursday, March 07, 2024****Session Date/Time: Thursday, March 7, 2024 - 10:20 - 11:50**

MR 326 (Level 3)

**Pain Workshop: Essential Pain Management Summit**

Essential Pain Management was launched in Papua New Guinea in 2010 as an 8-hour face to face program. Since then, it has been delivered in >70 countries across the globe.

At the virtual Prague WCA meeting in September 2021 an online version of EPM was launched and has had > 26,000 site visits. In September 2023 we launched an online Version of EPM in Spanish. This summit will be of interest to current and potential EPM Instructors.

We will provide updates on how best to maximise the learning opportunities of both EPM online and the face-to-face versions. We will start some discussion on how best to measure outcomes from this type of pain education using patient reported outcome measures (PROMS). There will be short presentations from several different regions and interactive discussion will be encouraged.

**10:20 Introductions and Plan for Session***Charles Roger Goucke, Australia***10:25 EPM in Central and South America, Spanish EPM Online, Portuguese Translation***Juan Carlos Duarte, Venezuela, Bolivarian Republic of***10:35 EPM South Africa Teaching Undergraduates, Assessing Value of EPM***Sean Chetty, South Africa***10:45 EPM and Paediatrics a New Program***Angela Yeo, Singapore***10:55 EPM in a High Income Country UK Medical Schools and the NHS***Clare Roques, United Kingdom***11:00 How To Evaluate the Effectiveness of EPM on Patient Care – The Place of PROMS (Patient Reported Outcomes)***Charles Roger Goucke, Australia***11:10 General Discussion, Chair***Wayne Morriss, New Zealand***11:10 General Discussion, Chair***Clare Roques, United Kingdom*

11:50