PROGRAMME

Pain

Monday, March 04, 2024

Session Date/Time: Monday, March 4, 2024  -  08:00 - 09:00
Nicoll 2 (Level 3)

Pain: Updates of Neuropathic Pain

08:00  Chair: Session Introduction
       Pauline Du Plessis, South Africa

08:02  Neuropathic Pain: Causes, Mechanism and Diagnosis
       Ana Schwartzmann, Uruguay

08:17  Pharmacologic Guideline of Neuropathic Pain
       Adeline Leong, Singapore

08:32  Useful Interventions for Neuropathic Pain
       Jee Youn Moon, Republic of Korea

08:47  Questions and Answers

Session Date/Time: Monday, March 4, 2024  -  09:00 - 10:00
Nicoll 2 (Level 3)

Pain: Acute Pain Services

09:00  Chair: Session Introduction
       Sean Chetty, South Africa

09:02  APS Organisational Structures
       Gaston Nyirigira, Rwanda

09:17  Incorporating the Bio-Psycho-Social Model into APS
       Clare Roques, United Kingdom

09:32  Health Care Worker Education Strategies
       Charles Roger Goucke, Australia

09:47  Questions and Answers

Session Date/Time: Monday, March 4, 2024  -  11:40 - 12:40
Nicoll 2 (Level 3)

Pain: Neuromodulation in Pain Medicine
11:40  Chair: Session Introduction  
       Adeline Leong, Singapore

11:42  Digital Twin - Neuromodulation Simulation  
       Jae Chul Koh, Republic of Korea

12:02  Neuromodulation: The Timing and Best Indication  
       Pauline Du Plessis, South Africa

12:17  Emerging Techniques in Central and Peripheral Neuromodulation  
       Chih-Peng Lin, Taiwan, China

12:32  Questions and Answers

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Session Date/Time: Monday, March 4, 2024 - 14:00 - 15:00
Nicoll 2 (Level 3)

Pain: Pain Innovations Reliving the Global Burden

14:00  Chair: Session Introduction  
       Jinwoo Shin, Republic of Korea

14:02  Percutaneous Epidural Balloon Decompression and Adhesiolysis  
       Jinwoo Shin, Republic of Korea

14:22  Regenerative Therapy (Including Stem Cells) In Pain Medicine  
       Daniel Chiung Jui Su, Taiwan, China

14:37  Fluoroscopy vs. Ultrasound: Pros and Cons in Pain Intervention  
       Kamini Singh, South Africa

14:52  Questions and Answers

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Session Date/Time: Monday, March 4, 2024 - 15:00 - 16:00
Nicoll 2 (Level 3)

Pain: Pre-operative Pain Strategies

15:00  Chair: Session Introduction  
       Clare Roques, United Kingdom

15:02  Pain Prehabilitation Strategies  
       Srinivas Pyati, United States

15:17  Targeting Caregiver Anxiety to Improve Post-operative Pain  
       Sean Chetty, South Africa
15:32 Using Pre-operative Assessment of Patient Biopsychosocial Phenotype to Predict Risk of Acute and Persistent Pain and Opioid Use
Kristin Schreiber, United States

15:47 Questions and Answers

Session Date/Time: Monday, March 4, 2024 - 16:30 - 17:30
Nicoll 2 (Level 3)

Pain: Non-conventional Acute Pain Therapies

16:30 Chair: Session Introduction
Gaston Nyirigira, Rwanda

16:32 Cannabinoids for Acute Pain
Nanthasorn Zinboonyahgoon, Thailand

16:47 Meditation
Joao Batista Santos Garcia, Brazil

17:02 Virtual Reality
Alwin Chuan, Australia

17:17 Questions and Answers
PROGRAMME
Tuesday, March 05, 2024

Session Date/Time: Tuesday, March 5, 2024 - 08:30 - 09:30
406 (Level 4)
Pain: Pain Management in Special Environments

08:30 Chair: Session Introduction
Nantthasorn Zinboonyahgoon, Thailand

08:32 Analgesia on the Battle Field
Harold Gelfand, United States

08:47 Pain Management in the ICU
Gouhar Afshan, Pakistan

09:02 Analgesia in the Burns Unit
Abhijit Sukumaran Nair, Oman

09:17 Questions and Answers

Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45
Exhibition Hall
Pain E-Poster Presentations: Basic Science
All E-Posters will be showcased through a live 6-minute in-person presentation.

Poster Moderator
Nantthasorn Zinboonyahgoon, Thailand

Poster Moderator
Gaston Nyirigira, Rwanda

Session Date/Time: Tuesday, March 5, 2024 - 12:45 - 13:45
Exhibition Hall
Pain E-Poster Presentations: Chronic Pain I
All E-Posters will be showcased through a live 6-minute in-person presentation.

Poster Moderator
Jee Youn Moon, Republic of Korea

Poster Moderator
Ana Schwartzmann, Uruguay
Session Date/Time: Tuesday, March 5, 2024  -  12:45 - 13:45
Exhibition Hall

Pain E-Poster Presentations: Chronic Pain II
All E-Posters will be showcased through a live 6-minute in-person presentation.

Poster Moderator
Jinwoo Shin, Republic of Korea

Poster Moderator
Pauline Du Plessis, South Africa

Session Date/Time: Tuesday, March 5, 2024  -  12:45 - 13:45
Exhibition Hall

Pain E-Poster Presentations: General Anaesthesia, Opioids and Others
All E-Posters will be showcased through a live 6-minute in-person presentation.

Poster Moderator
Harold Gelfand, United States

Poster Moderator
Charles Roger Goucke, Australia

Session Date/Time: Tuesday, March 5, 2024  -  12:45 - 13:45
Exhibition Hall

Pain E-Poster Presentations: Other Anaesthesiology and Pain Medicine
All E-Posters will be showcased through a live 6-minute in-person presentation.

Poster Moderator
Jae Chul Koh, Republic of Korea

Poster Moderator
Chih-Peng Lin, Taiwan, China

Session Date/Time: Tuesday, March 5, 2024  -  12:45 - 13:45
Exhibition Hall

Pain E-Poster Presentations: Postoperative Care I
All E-Posters will be showcased through a live 6-minute in-person presentation.
A 29-year-old male patient is presenting for semi-elective low back surgery. He is a recovering substance addict (including opioids) and is very worried about “getting hooked” again if he is given narcotics. The delegates in this session will discuss the different interventions that are possible to address pain management in the patient who is a recovering addict.

1. Educational interventions.
2. Psychological interventions.
3. Medical interventions.

**Acute Pain**

*Gouhar Afshan, Pakistan*
Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15
MR 336 (Level 3)

Pain PBLD: Cancer Pain

PBLD Fee: 20 USD

Cancer Pain: The Full Spectrum of Care. Delegates in this session will discuss cancer pain from the initial phase to its palliative care.

1. Emerging Treatment for Managing Diverse Cancer Pain.
2. Intrathecal Drug Delivery: The Best Timing and Indication in Cancer.

Cancer Pain
Jae Chul Koh, Republic of Korea

Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15
MR 335 (Level 3)

Pain PBLD: Intractable Pain CRPS

PBLD Fee: 20 USD

Intractable Pain: What is challenging for pain physicians. Delegates in this session will discuss pain chronification and how to manage chronic primary pain or nociplastic pain, including complex regional pain syndrome.

1. Transition from Acute to Chronic Pain.

Intractable Pain CRPS
Ana Schwartzmann, Uruguay
Pain Workshop: Interventional Procedures for Chronic Pain using Ultrasound

Workshop Fee: 200 USD

This would be a hands on skills training workshop for physician anaesthesiologists working in the field of chronic pain.

1. Learn Ultrasound-guided evaluation of Shoulder Joint (Glenohumeral joint, ACJ, SASD bursa, suprascapular and axillary nerves).
2. Learn Ultrasound-guided evaluation of Knee Joint (Meniscus, pes anserine bursa, patellar and periarticular tendons, genicular nerves, Baker cyst).

Interventional Procedures for Chronic Pain Using Ultrasound
Pauline Du Plessis, South Africa

Interventional Procedures for Chronic Pain Using Ultrasound
Kamini Singh, South Africa

Interventional Procedures for Chronic Pain Using Ultrasound
Daniel Chiung Jui Su, Taiwan, China
Pain Workshop: Essential Pain Management Summit

Essential Pain Management was launched in Papua New Guinea in 2010 as an 8-hour face to face program. Since then, it has been delivered in >70 countries across the globe.

At the virtual Prague WCA meeting in September 2021 an online version of EPM was launched and has had > 26,000 site visits. In September 2023 we launched an online Version of EPM in Spanish. This summit will be of interest to current and potential EPM Instructors.

We will provide updates on how best to maximise the learning opportunities of both EPM online and the face-to-face versions. We will start some discussion on how best to measure outcomes from this type of pain education using patient reported outcome measures (PROMS). There will be short presentations from several different regions and interactive discussion will be encouraged.

10:20 Introduction and Plan for Session
Charles Roger Goucke, Australia

10:25 EPM in Central and South America, Spanish EPM Online, Portuguese Translation
Juan Carlos Duarte, Venezuela, Bolivarian Republic of

10:35 EPM South Africa Teaching Undergraduates, Assessing Value of EPM
Sean Chetty, South Africa

10:45 EPM and Paediatrics a New Program
Angela Yeo, Singapore

10:55 EPM in a High Income Country UK Medical Schools and the NHS
Clare Roques, United Kingdom

11:00 How To Evaluate the Effectiveness of EPM on Patient Care – The Place of PROMS (Patient Reported Outcomes)
Charles Roger Goucke, Australia

11:10 General Discussion, Chair
Wayne Morriss, New Zealand

11:10 General Discussion, Chair
Clare Roques, United Kingdom

11:50