Monday, March 04, 2024

Session Date/Time: Monday, March 4, 2024  -  08:00 - 09:00
Nicoll 2 (Level 3)

Pain: Updates of Neuropathic Pain

08:00  Chair: Session Introduction
       Pauline Du Plessis, South Africa

08:02  Neuropathic Pain: Causes, Mechanism and Diagnosis
       Ana Schwartzmann, Uruguay

08:17  Pharmacologic Guideline of Neuropathic Pain
       Adeline Leong, Singapore

08:32  Useful Interventions for Neuropathic Pain
       Jee Youn Moon, Republic of Korea

08:47  Questions and Answers

Session Date/Time: Monday, March 4, 2024  -  09:00 - 10:00
Nicoll 2 (Level 3)

Pain: Acute Pain Services

09:00  Chair: Session Introduction
       Sean Chetty, South Africa

09:02  APS Organisational Structures
       Gaston Nyirigira, Rwanda

09:17  Incorporating the Bio-Psycho-Social Model into APS
       Clare Roques, United Kingdom

09:32  Health Care Worker Education Strategies
       Charles Roger Goucke, Australia

09:47  Questions and Answers

Session Date/Time: Monday, March 4, 2024  -  11:40 - 12:40
Nicoll 2 (Level 3)

Pain: Neuromodulation in Pain Medicine
11:40 Chair: Session Introduction
   Adeline Leong, Singapore

11:42 Digital Twin - Neuromodulation Simulation
   Jae Chul Koh, Republic of Korea

12:02 Neuromodulation: The Timing and Best Indication
   Pauline Du Plessis, South Africa

12:17 Emerging Techniques in Central and Peripheral Neuromodulation
   Chih-Peng Lin, Chinese Taipei

12:32 Questions and Answers

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Session Date/Time: Monday, March 4, 2024 - 14:00 - 15:00
Nicoll 2 (Level 3)

**Pain: Pain Innovations Reliving the Global Burden**

14:00 Chair: Session Introduction
   Jinwoo Shin, Republic of Korea

14:02 Percutaneous Epidural Balloon Decompression and Adhesiolysis
   Jinwoo Shin, Republic of Korea

14:22 Regenerative Therapy (Including Stem Cells) In Pain Medicine
   Daniel Chiung Jui Su, Taiwan

14:37 Fluoroscopy vs. Ultrasound: Pros and Cons in Pain Intervention
   Kamini Singh, South Africa

14:52 Questions and Answers

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Session Date/Time: Monday, March 4, 2024 - 15:00 - 16:00
Nicoll 2 (Level 3)

**Pain: Pre-operative Pain Strategies**

15:00 Chair: Session Introduction
   Clare Roques, United Kingdom

15:02 Pain Prehabilitation Strategies
   Srinivas Pyati, United States

15:17 Targeting Caregiver Anxiety to Improve Post-operative Pain
   Sean Chetty, South Africa
## Programme

### 15:32
**Using Pre-operative Assessment of Patient Biopsychosocial Phenotype to Predict Risk of Acute and Persistent Pain and Opioid Use**  
*Kristin Schreiber, United States*

### 15:47
**Questions and Answers**

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**Session Date/Time:** Monday, March 4, 2024 - 16:30 - 17:30  
**Nicoll 2 (Level 3)**

### Pain: Non-conventional Acute Pain Therapies

#### 16:30
**Chair: Session Introduction**  
*Gaston Nyirigira, Rwanda*

#### 16:32
**Cannabinoids for Acute Pain**  
*Nanthasorn Zinboonyahgoon, Thailand*

#### 16:47
**Meditation**  
*Joao Batista Santos Garcia, Brazil*

#### 17:02
**Virtual Reality**  
*Alwin Chuan, Australia*

#### 17:17
**Questions and Answers**
PROGRAMME
Tuesday, March 05, 2024

Session Date/Time: Tuesday, March 5, 2024 - 08:30 - 09:30
406 (Level 4)

Pain: Pain Management in Special Environments

08:30  Chair: Session Introduction  
        Nanthasorn Zinboonyahgoon, Thailand

08:32  Analgesia on the Battle Field  
        Harold Gelfand, United States

08:47  Pain Management in the ICU  
        Gouhar Afshan, Pakistan

09:02  Analgesia in the Burns Unit  
        Benjamin Deniau, France

09:17  Questions and Answers

Session Date/Time: Tuesday, March 5, 2024 - 13:00 - 14:00

Exhibition Hall

E-Poster Presentations: Pain

All E-Posters will be showcased through a live 6-minute in-person presentation.

13:00  Details will be available by end January 2024.
        E-Poster Presentations,

14:00

Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15
MR 336 (Level 3)

Pain PBLD: Acute Pain

PBLD Fee: 20 USD

A 29year old male patient is presenting for semi-elective low back surgery. He is a recovering substance addict (including opioids) and is very worried about “getting hooked” again if he is given narcotics. The delegates in this session will discuss the different interventions that are possible to address pain management in the patient who is a recovering addict.

1. Educational interventions.
2. Psychological interventions.
3. Medical interventions.

Acute Pain  
        Gouhar Afshan, Pakistan
Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15
MR 336 (Level 3)

Pain PBLD: Cancer Pain
PBLD Fee: 20 USD

Cancer Pain: The Full Spectrum of Care. Delegates in this session will discuss cancer pain from the initial phase to its palliative care.

1. Emerging Treatment for Managing Diverse Cancer Pain.
2. Intrathecal Drug Delivery: The Best Timing and Indication in Cancer.

Cancer Pain
Jae Chul Koh, Republic of Korea

Session Date/Time: Tuesday, March 5, 2024 - 14:15 - 15:15
MR 335 (Level 3)

Pain PBLD: Intractable Pain CRPS
PBLD Fee: 20 USD

Intractable Pain: What is challenging for pain physicians. Delegates in this session will discuss pain chronification and how to manage chronic primary pain or nociplastic pain, including complex regional pain syndrome.

1. Transition from Acute to Chronic Pain.

Intractable Pain CRPS
Ana Schwartzmann, Uruguay
Pain Workshop: Interventional Procedures for Chronic Pain using Ultrasound

Workshop Fee: 200 USD

This would be a hands on skills training workshop for physician anaesthesiologists working in the field of chronic pain.

1. Learn Ultrasound-guided evaluation of Shoulder Joint (Glenohumeral joint, ACJ, SASD bursa, suprascapular and axillary nerves).
2. Learn Ultrasound-guided evaluation of Knee Joint (Meniscus, pes anserine bursa, patellar and periarticular tendons, genicular nerves, Baker cyst).

Interventional Procedures for Chronic Pain Using Ultrasound
Pauline Du Plessis, South Africa

Interventional Procedures for Chronic Pain Using Ultrasound
Kamini Singh, South Africa

Interventional Procedures for Chronic Pain Using Ultrasound
Daniel Chiung Jui Su, Taiwan
Pain Workshop: Essential Pain Management Summit

Essential Pain Management was launched in Papua New Guinea in 2010 as an 8-hour face to face program. Since then, it has been delivered in >70 countries across the globe.

At the virtual Prague WCA meeting in September 2021 an online version of EPM was launched and has had > 26,000 site visits. In September 2023 we launched an online Version of EPM in Spanish. This summit will be of interest to current and potential EPM Instructors.

We will provide updates on how best to maximise the learning opportunities of both EPM online and the face-to-face versions. We will start some discussion on how best to measure outcomes from this type of pain education using patient reported outcome measures (PROMS). There will be short presentations from several different regions and interactive discussion will be encouraged.

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Essential Pain Management Summit
Charles Roger Goucke, Australia

Essential Pain Management Summit
Wayne Morriss, New Zealand

Essential Pain Management Summit
Carolina Haylock-Loor, Honduras